

Transitional Youth

Inspiring Vision – Unlocking Potential – Equipping to Advance

If you would like to help donate to any of our wonderful Houses, these items are always in need!
If you have any questions or would like to schedule a drop off time, please contact Jason Craft at Jason@TransitionalYouth.org

On behalf of Transitional Youth,
God Bless

Shopping List

Meats: We Buy in Bulk and Divide into Meals

- Chicken
- Ground Turkey
- Hamburger
- Hot Dogs
- Tuna Fish

Can/Jar/Other Items:

- Spaghetti Sauce
- Alfredo Sauce (Jar)
- Chili
- Beans (Dried or Can)
- Peanut Butter
- Jams/Jellies
- Condiments (Mayo, Mustard, Ketchup, Teriyaki Sauce, BBQ Sauce, Siracha)
- Salad Dressings (2-3 different kinds)
- Salsa
- Basic Seasoning (Salt, Seasoning Salt, Pepper and Garlic, Taco)
- Flour
- Sugar

Dairy:

- Milk
- Yogurt
- Butter
- Eggs
- Cheese

Fresh Fruit/Vegetables:

- Bananas
- Apples
- Oranges
- Pineapple
- Grapes
- Potatoes
- Corn (Fresh, Frozen or Can)
- Green Beans (Frozen or Can)
- Carrots (Fresh or Frozen)
- Broccoli (Fresh or Frozen)
- Cauliflower (Fresh or Frozen)
- Lettuce/Spinach
- Tomatoes
- Onions
- Celery

Carbs:

- Pasta
- Rice
- Breads
- Cereal (Healthy Brands)
- Tortillas
- Top Ramen