If you would like to help donate to any of our wonderful Houses, these items are always in need! If you have any questions or would like to schedule a drop off time, please contact Jason Craft at Jason@TransitionalYouth.org

On behalf of Transitional Youth,
God Bless

Shopping List

**Meats:** We Buy in Bulk and Divide into Meals

- Chicken
- Ground Turkey
- Hamburger
- Hot Dogs
- Tuna Fish

**Can/Jar/Other Items:**

- Spaghetti Sauce
- Alfredo Sauce (Jar)
- Chili
- Beans (Dried or Can)
- Peanut Butter
- Jams/Jellies
- Condiments (Mayo, Mustard, Ketchup, Teriyaki Sauce, BBQ Sauce, Sriracha)
- Salad Dressings (2-3 different kinds)
- Salsa
- Basic Seasoning (Salt, Seasoning Salt, Pepper and Garlic, Taco)
- Flour
- Sugar

**Dairy:**

- Milk
- Yogurt
- Butter
- Eggs
- Cheese

**Fresh Fruit/Vegetables:**

- Bananas
- Apples
- Oranges
- Pineapple
- Grapes
- Potatoes
- Corn (Fresh, Frozen or Can)
- Green Beans (Frozen or Can)
- Carrots (Fresh or Frozen)
- Broccoli (Fresh or Frozen)
- Cauliflower (Fresh or Frozen)
- Lettuce/Spinach
- Tomatoes
- Onions
- Celery

**Carbs:**

- Pasta
- Rice
- Breads
- Cereal (Healthy Brands)
- Tortillas
- Top Ramen

Please Contact Jason Craft to Schedule a Drop Off
jason@transitionalyouth.org